



25 Tips To Save Power In New Zealand

Saving on your electricity bill can be challenging if you are unsure where to start. However, by making small changes, you can fatten your savings each year.

Below we have our top 25 free tips on how you can fatten your savings by reducing or minimizing the amount of power consumption your household uses. They are our top ways to save power in New Zealand!



Turning off appliances at the powerpoint when they are not in use. EASY!



Dress for the temperature - layer clothing and wear warm jerseys and socks instead of turning on the heater.



Turn off unnecessary lights and opt for natural lights: [AAA Insulation](#) advises turning off one 60-watt bulb for just four hours can help save around \$9 a year. The use of energy efficient bulbs are also a money saver - [click here to learn how to choose the right bulb for you.](#)



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Shorter Showers



Take shorter showers: Hot water can be rather expensive. If just two people in your household cut their showers down by one minute each, it could result in a saving of \$30 a year!

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Dry It Naturally



Avoid using the dryer: Dryers are well known for using up a lot of electricity. Try to hang washing out during sunny days or indoors on a clothing rack if it is raining.

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Save Water



Turn water off when you are not using it: When you are brushing your teeth, shaving or washing your hands, keep the water turned off until you need to use it. If you can reduce your hot water usage by just 5% you could save around \$19 annually.

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Fix It



Fix that leaky faucet! Fixing hot water leaks can save you money in the long term.

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Unplug It



Unplug unused electronics: Electronics on standby mode or power saver can still account for around 10% of the average household's electricity use per year.



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Seal It Up



Use a door snake: Door snakes or draught stoppers can help keep heat in and seal up gaps especially around doors and floor gaps. [Here is a short DIY guide to making your own door snakes for draughts.](#)

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Heating & Cooling



If you're not home - turn off the air conditioner and heating: Turning off air conditioning or heating when you are not home can help reduce your power bill.

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Reduce It Down



Lower the temperature: If you lower your thermostat on your electrical heater or hot water by just 2 degrees, you can save up to 5% on your heating bill. Lowering it further to 5 degrees can help you save 10%! This could be a saving of around \$120 a year for some households.

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Think Strategically



Strategic use of air-flow: Block the harsh afternoon sun and keep windows open during the Summer to save money on electricity bills for fans. [Click here](#) for a quick checklist on keeping your home well ventilated during Summer and Winter.



#13

Keep It Cool



Keep that kitchen cool: Reduce the amount of cooking done in the oven during Summer - opt for salads, smoothies or even light up the barbeque and have a classic kiwi dinner. By reducing the amount of oven cooking done in the kitchen over Summer, you will reduce your cooling costs.

#14

Matching Levels



Run full laundry loads: Try and cut down the amount of laundry you do a week by running full loads or; alternatively, save money by matching the water levels to the number of clothes in the machine.

#15

Run It Full



Only run the dishwasher when it is full: By only running the dishwasher when it is full, you will save on hot water.

#16

Use It Cold



Cold water: If you use cold water to wash your laundry each week - say two loads a week, it can save you around \$22 a year!



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Residual Heat



Turn your stovetop or oven off just before your food has finished cooking: this will allow it to finish cooking with residual heat from the pot, pan or oven.

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Get It Dry



A dry towel in the dryer: Adding a dry towel to your dryer can significantly reduce drying times, without affecting the rest of the load. If you are using your dryer around 7 times a week, by adding a dry towel, you could save around \$27 a year.

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Use alternatives



Use the microwave, crockpot or toaster oven as alternatives: Not only will this keep your home cooler during Summer, but a microwave also only takes about 15 minutes to do the same job an oven would take an hour to do.

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Reuse & Re-purpose



Save the water you use when boiling eggs or pasta for your vegetable garden or house plants.



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Think Limits



Use a plug in the sink when washing plates or rinsing vegetables. By putting a plug in, you are automatically limiting the amount of water you use which will help save on your annual electricity bill.

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Make It Modern



Solar panels with a gas booster: Solar panels are becoming more and more popular- you could consider using solar power to heat water during the day and the booster for when the sun isn't warm enough. [Click here to find out more about solar panels.](#)

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Secondary items



Unplug second fridges: Unplugging that secondary fridge when it is not required can help save around \$55 a year.

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Recycle & Donate



Recycle or donate old TVs: Recycle or donate those old television sets. Some of the old LCD 42-inch television sets can cost around \$6 a year to run for just an hour a day. [Click here to see how and where you can dispose of your old television set!](#)



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Make It Cosy

[Insulating walls, floors, and ceilings](#) can ensure that homes are warm and dry during colder months; meaning, you can spend less on running heaters.

If you want to know more about saving power and keeping your home warm during Winter and cool during Summer, [contact us today](#) and one of the team members at AAA Insulation will be able to give you some more information on how we can help you save on power in your home.